

Bulldog Blitz

BUTLER HIGH
SCHOOL



April 2025



Upcoming April Events


- April 2 Early Release Day
- April 3-6 Spring Musical "Pippin"
- April 8-9 Report Cards sent home
- April 14-21 No School - Spring Break
- May 5-16 AP Tests

Get Up to the Minute News!


[Butler's Website](#)

 facebook.com/butlerHS

[School Calendar](#)

 [butlerbulldawgs](https://twitter.com/butlerbulldawgs)

[Our Athletic Page](#)

 [butler_high_school](https://www.instagram.com/butler_high_school)

[Student/Parent Handbook](#)

Principal:
[Yolanda Blakeney](#)

Assistant

Principals:

[Melissa Booth](#)

Last names A-Est, S- Sz

[Michael Dodson](#)

Last names Ev-Le, T- Zu

[LaShaunda Pankey](#)

Last names Li-Ry

[Richard Myers](#)

Last names S-Zu

David W. Butler High School
1810 Matthews-Mint Hill Rd.
Matthews, NC 28105
(980) 343-6300
ButlerHigh@cms.k12.nc.us

Testing Updates

AP Exams begin on Monday, May 5, 2025
The test schedule can be found [here](#).

Graduation Updates

Spring Graduation Information

- June graduation is **Monday, June 16, 2025 at 3:30 PM**. The graduation will take place at Bojangles Coliseum.
 - Graduates need to be in line at 2 PM on 6/16/25.
- Rehearsal for the June graduation will take place on Tuesday, June 10th, 2025 at 5:30. Rehearsal will take place at Bojangles Coliseum.



Cap and Gown Pick Up



- Caps and gowns (and anything else you have ordered from Herff Jones!) will be available for pick up at all four lunches in the cafeteria concession stand on **Thursday, April 3rd**. Students need to swing by that day to pick up their order!
- If you do not pick up that day, your stuff will be available in Student Services.



Class of 2025 Cap & Gown Picture Day

David Butler High School (Media Center)

Class of 2025 Cap & Gown Picture Day is Coming!

Picture Date(s): **4/30/25**

Sign up link:

<https://www.signupgenius.com/go/DavidButler>

What to wear: Please wear something that will not show at the top of the gown, **or** a shirt and tie.

How to prepare:

1. Go to my.photoday.com/s/LTBW/119127 and select the Cap & Gown Event.
2. Pre-order AdvancePay Credits to shop with after your event. (orders of \$35+ receive free shipping)
3. Find and subscribe to your PhotoDay Gallery.
4. Receive text notification when images are ready* to view and order!

*Usually 5-7 days after Picture Day!

For PhotoDay questions, please contact lthelp@lifetouch.com

Terms and Conditions: **Data and message rates may apply. Message frequency may vary. Text HELP for assistance. Text Stop to opt-out. Visit www.photoday.com/customer-terms for our Terms of Service and Privacy Policy. Privacy: www.photoday.io/privacy. Biometrics: www.photoday.io/biometrics

A Note from Nurse Beth

Attention Rising Seniors---

CMS and North Carolina requires that all students have 2 Meningitis vaccines (Menactra, Menveo, or MenQuadfi) with one given between ages 11-12 and a booster given after age 16.

This will be due on the first day of school.

Please contact Nurse Beth for any questions.

Spring Allergies are in Full Swing

Here are a few tips to help with allergies:

- Close your windows
- Invest in a HEPA filter for the individual room and change your HVAC filter regularly
- Change your clothes. Clothing holds pollen, so wash clothes frequently, and change them when you come in from outside.
- Add a shower to your evening routine to wash pollen and other pollutants off hair and skin.
- Change your bed linens, especially pillowcases.
- Know your allergy triggers. Spring allergy season is here!
- Talk to your doctor or pharmacist to find the right medication.

(Tips for managing spring allergies from the American Association of Asthma, Allergies, and Immunology)



Free Tutoring for All CMS Students

All CMS students have access to 10 hours per week of free virtual tutoring in English and Spanish, through **Tutor.com**, a digital resource available through ONE Access resources provisioned by the public library. Tutoring is available from 3-12 pm, every day of the week. Students may also upload a paper and receive feedback from a tutor within 24 hours and this may be done anytime, including during the school day. Students log into ONE Access (and Tutor.com) through the Student Portal.

Information about how to log in and how to upload a paper for feedback are included below:

- **ONE Access login information**
- **How to upload a paper to Tutor.com**

Other Tutor.com offerings:

Prepare for a test

- Connect with a tutor
- Prep for the SAT/ACT
 - Full length practice tests
 - Detailed score reports
 - Engaging video lessons
 - Powerful practice drills
- Prep for Advanced Placement Tests
 - AP Biology, AP Calculus, AP U.S. History, & AP World History

Get Help Finding a Job

- Connect with a career coach
- Drop off a resume for review
- Search online job resources



YOUTH VIOLENCE PREVENTION



3 STEPS OF SAY SOMETHING

RECOGNIZE THE SIGNS

People may become withdrawn from activities they once enjoyed or post cryptic messages on social media. Signs include aggression, threats of violence, and bragging access to weapons.

ACT IMMEDIATELY

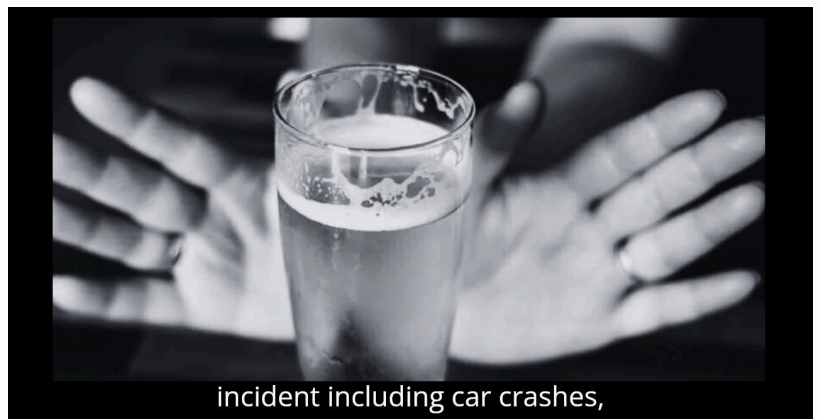
Take action when you recognize signs- such as reaching out to that person and offering help.

SAY SOMETHING

Say something to a trusted adult about what is going on or report activities on the Say Something App.

SAYSOMETHING

INTERVIEW WITH OFFICER SMITH OF MATTHEWS PD



Last year, our DREAM Team members, Daniela and Carson interviewed Officer Smith to learn more about intoxication after prom and how this can lead to dangerous- and even deadly situations. [Link to Officer Smith Interview https://bit.ly/3QiJOty](https://bit.ly/3QiJOty)

TURN AGAINST VIOLENCE

BASKETBALL TOURNAMENT RECAP

OUR PURPOSE:

- Emphasize how sports can be a positive outlet for our stress and how we can come together to turn against all forms of violence.
- Show our peers that we can show good sportsmanship and handle our emotions whether we win or lose, it is never okay to be violent.
- Raise awareness about the many forms of violence and how to prevent youth violence from occurring.
- Promote See Something, Say Something.



FOR A GOOD CAUSE!



SOMETHING

4TH BLOCK FRIDAY, MARCH 28
Turn Against Violence
BASKETBALL TOURNAMENT

Online Ticket Sales ONLY
March 3rd - 24th

\$15 PER TEAM \$5 SPECTATOR TICKET
Up to 4 players on a team
Must be in good academic standing
Complete google form after buying ticket

Go to Butler's OSP Website



DREAM Team sold tickets during lunches. Selling more than 200 Spectator tickets and 8 participating team tickets that went towards a donation of \$800 to Safe Alliance, a non-profit that supports victims of domestic violence.

Tournament Promo Vid Link: <https://bit.ly/3y3BGH5>

TURN AGAINST VIOLENCE

BASKETBALL TOURNAMENT RECAP

COMMUNITY SUPPORT!

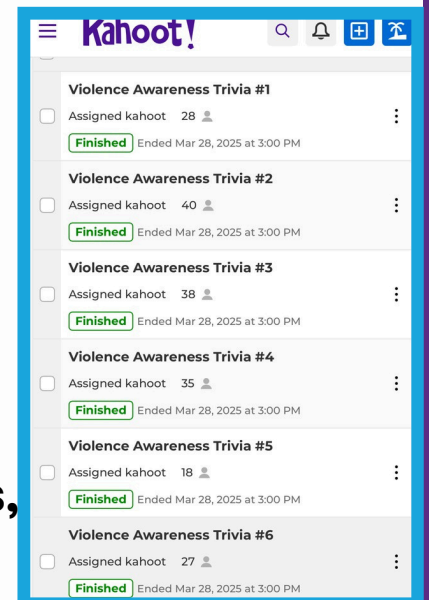
Friday, March 28th was tournament day. During the game, community supporters: Matthews Police Department, Mecklenburg County Sheriff, Loves Speaks Out, and Safe Alliance were in attendance and each had a resource table full of cool giveaways!

KAHOOT HALFTIME!

Student spectators participated in a short Kahoot Trivia during halftime. There were **189 plays with an average score of 80%!**

Trivia Questions included:

1. Which are examples of violence?
2. How can you report observed threats, behaviors, actions, and harassment?
3. Who can one reach out to for help if he/she is a victim of assault/violence?



TURN AGAINST VIOLENCE

BASKETBALL TOURNAMENT PICS!



HOSTED BY DREAM TEAM WITH THE HELP OF SGA!

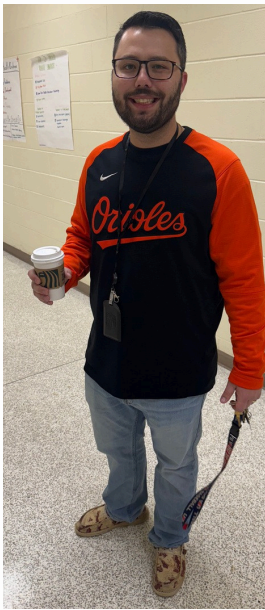


A SPECIAL SURPRISE FOR TEACHER OF THE YEAR, MR. RUSK

TURN AGAINST VIOLENCE

BASKETBALL TOURNAMENT PICS!

FACULTY SUPPORT:

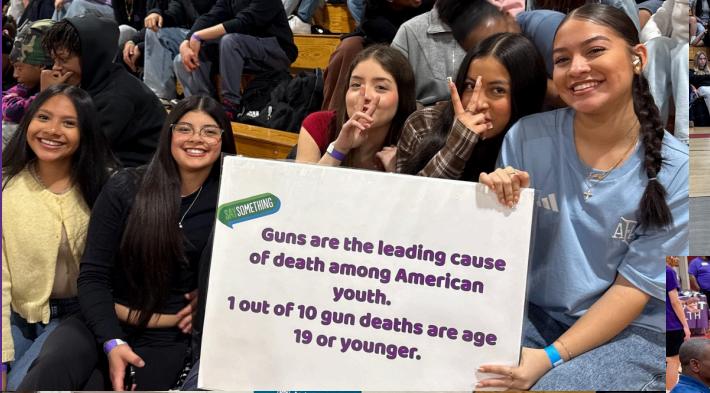




Turn Against Violence Basketball Tournament 2025

STUDENT TEAMS AND BLAZE DANCE TEAM!





Congratulations!

College Bound!

We want to celebrate our Butler Seniors. If your Senior received an acceptance letter from any 2 or 4 year college, trade school, military acceptance papers, or scholarship awards, please have your student use the link below on their CMS Chromebook to complete the Google Form and attach their letter of acceptance. We want to celebrate them and post their name along with the school name on the College Board in the Main Hallway! The more the merrier!

<https://bit.ly/bhcelebrate>

**=Scholarships



<p><u>Malak Abdelaaty</u> East Carolina Eastern Washington Millikin University Queens University of Charlotte UNC Asheville Western Carolina</p>	<p><u>Sophia Andrews</u> NC State</p>	<p><u>Aidan Cooper</u> Western Carolina</p>
<p><u>Clifton Heggins</u> NC A & T</p>	<p><u>Jaelynn Jackson</u> NC A&T</p>	<p><u>Makenna Koller</u> Barry University** Warner University**</p>
<p><u>Luis Larrea</u> US Marine Corps</p>	<p><u>Jelese Manassa</u> NC Central</p>	<p><u>Zach Phan</u> Goodnight Scholarship Recipient University of Florida</p>
	<p><u>Arianna Wilson</u> College of Charleston**</p>	



Helping Children and Adolescents Cope With Traumatic Events

Every year, children and adolescents experience disasters and other traumatic events. Family, friends, and trusted adults play an essential role in helping youth cope with these experiences.

How do children and adolescents respond to traumatic events?

It is typical for children and adolescents to have a range of reactions after experiencing or witnessing a traumatic event, such as a natural disaster, an act of violence, or a serious accident.

Regardless of age, children and adolescents may:

- Report having physical problems such as stomachaches or headaches.
- Have nightmares or other sleep problems, including refusing to go to bed.
- Have trouble concentrating.
- Lose interest in activities they normally enjoy.
- Have feelings of guilt for not preventing injuries or deaths.
- Have thoughts of revenge.

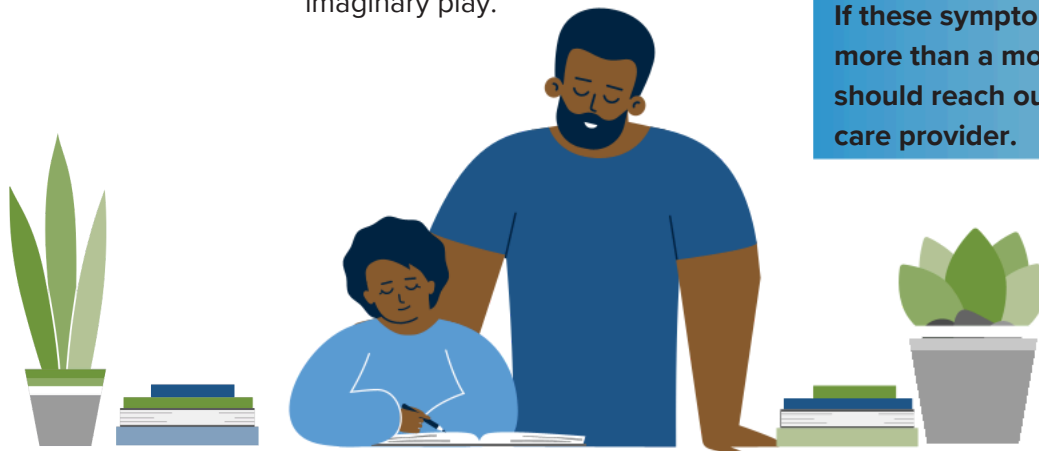
Young children (age 5 and younger) may:

- Cling to caregivers and/or cry and be tearful.
- Have tantrums, or be irritable or disruptive.
- Suddenly return to behaviors such as bed-wetting and thumb-sucking.
- Show increased fearfulness (for example, fear of the dark, monsters, or being alone).
- Incorporate aspects of the traumatic event into imaginary play.

Older children (age 6 and older) and adolescents may:

- Have problems in school.
- Withdraw or become isolated from family and friends.
- Avoid reminders of the event.
- Use drugs, alcohol, or tobacco.
- Be disruptive, disrespectful, or destructive.
- Be angry or resentful.

Many of these reactions are normal and will lessen with time. If these symptoms last for more than a month, the family should reach out to a health care provider.



What can adults do to help?

How adults respond to trauma can strongly influence how children and adolescents react to trauma. When caregivers and family members take steps to support their own ability to cope, they can provide better care for others.

Caregivers and family members can help by creating a safe and supportive environment, remaining as calm as possible, and reducing stressors. Children and adolescents need to know that their family members love them and will do their best to take care of them.

Do:

- Ensure children and adolescents are safe and that their basic needs are addressed.
- Allow them to be sad or cry.
- Let them talk, write, or draw pictures about the event and their feelings.
- Limit their exposure to repetitive news reports about traumatic events.
- Let them sleep in your room (for a short time) or sleep with a light on if they are having trouble sleeping.
- Try to stick to routines, such as reading bedtime stories, eating dinner together, and playing games.
- Help them feel in control by letting them make some decisions for themselves, such as choosing their meals or picking out their clothes.
- Pay attention to sudden changes in behaviors, speech, language use, or strong emotions.
- Contact a health care provider if new problems develop, particularly if any of the following symptoms occur for more than a few weeks:
 - Having flashbacks (reliving the event)
 - Having a racing heart and sweating
 - Being easily startled
 - Being emotionally numb
 - Being very sad or depressed

Don't:

- Expect children and adolescents to be brave or tough.
- Make them discuss the event before they are ready.
- Get angry if they show strong emotions.
- Get upset if they begin bed-wetting, acting out, or thumb-sucking.
- Make promises you can't keep (such as "You will be OK tomorrow" or "You will go home soon.")

Where can I find help?

The Substance Abuse and Mental Health Services Administration (SAMHSA) offers a Disaster Distress Helpline, which provides immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster. The helpline is free, multilingual, confidential, and available 24 hours a day, 7 days a week. You can call or text the helpline at 800-985-5990 or visit the helpline website at <https://disasterdistress.samhsa.gov>.

SAMHSA also provides the Behavioral Health Treatment Services Locator, an online tool for finding mental health services in your area. Find treatment programs in your state at <https://findtreatment.samhsa.gov>. For additional resources, visit www.nimh.nih.gov/findhelp.

If you, your child, or someone you know is in immediate distress or is thinking about hurting themselves, call 911 or call the **National Suicide Prevention Lifeline** toll-free at 1-800-273-TALK (8255). You also can text the **Crisis Text Line** (HELLO to 741741) or use the Lifeline Chat on the National Suicide Prevention Lifeline website at <https://suicidepreventionlifeline.org>.

Where can I find more resources?

National Institute of Mental Health:
Coping With Traumatic Events
www.nimh.nih.gov/copingwithtrauma

National Institute of Mental Health:
Child and Adolescent Mental Health
www.nimh.nih.gov/children

Centers for Disease Control and Prevention:
Caring for Children in a Disaster
www.cdc.gov/childrenindisasters

National Child Traumatic Stress Network
www.nctsn.org



NIH Publication No. 22-MH-8066

www.nimh.nih.gov

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Student Services Resources



Senior Appointment
Calendar



Common Black College
Application



Common Application



Federal Student Aid



Senior Brag Sheet



Student Services
Website



Residency
Determination Service



Herff Jones : Cap&Gown



Khan Academy



College Board SAT
Practice



Free ACT Practice Test &
Resources



Parent Power School



StudentSquare



ParentSquare

Support Butler PTSO



Please re-link your Harris Teeter VIC Cards!

Cards are not automatically re-linked. Program runs August 1st—May 31st .

By linking your Harris Teeter VIC card to **Butler High School PTSO (#1243)**, we will earn a percentage of your Harris Teeter purchases.

There are three ways to link your card:

1. Go directly to the Harris Teeter website and follow their instructions:

Click here: [Harris Teeter VIC Link](#).

2. Ask a cashier at Harris Teeter to link your VIC number to #1243

3. Go to **Pay4SchoolStuff.com** , *Login to your account/Click on your student name/select VIC-card/Enter your information.*

Click here: [Pay4SchoolStuff](#)

The Publix Partner program has changed!!

You do not need to carry the card.

Click here to sign up: <https://www.publix.com>



- Click on Sign Up to create an account.
- After your email address is confirmed, scroll down to Select a School
- Enter *Butler High School PTS*
- When you shop, mention your phone number to the cashier at checkout.



Amazon Smile

Only purchases at smile.Amazon.com (not Amazon.com or the mobile app) support charity.

When you first log onto [Smile.amazon.com](https://smile.amazon.com), select David W. Butler High School PTSO in Matthews as your charity. A percentage of your purchase is donated to Butler.